## Intro to Permaculture Workshop:

August 4-6, 2017 Fríday 6:30pm – Sunday 3pm @ Rollíng Rídge Study Retreat\*



Many know that the path we are on as a global society is not sustainable for people or the Earth. For over 35 years, Permaculture, as a grass-roots movement, has been growing, deepening, & spreading all over the world, with a focus on finding practical solutions. As an ethical design system, Permaculture offers a relevant strategy for individuals, communities, and organizations who are seeking social & ecological change with a deeper understanding & awareness of natural patterns.

This workshop is facilitated by certified permaculture designers Luke Bauer & Josh Evans. It will combine some classroom-style presentation with hands-on interactive explorations of what Permaculture strategies can look like in practice. Although broad in some aspects, a strength of this retreat is its heavy focus on plant connection & ecology. So come join us if you are interested in increasing your working botanical knowledge and nature awareness.

## Topics will include:

- The Basics: History, Definition(s), & Principles of Permaculture
- Understanding Ecological Communities & Patterns to work with nature

## Introductions to:

- 1. Nature Awareness Skills & Interaction Techniques
- 2. Gardening & Sustainable food (eco)systems such as:
  - -Small-scale gardening with annuals and perennials -Forest Gardening
  - -Farming the Woods & Mushrooms -Wild and cultivated teas -Foraging
- 3. Plant connection & herbalism

## ...And students will receive additional handouts/notes for continuing education after the class

<u>Cost</u>: The cost of this workshop is \$220 (shared lodging in the Retreat House) or \$190 (camping), and includes the full program, 2 nights lodging, & 6 homemade meals. This workshop cannot take the place of the standard 72 hour Permaculture Design Course. The goal is to introduce the basics of permaculture, provide first-hand visuals, and to encourage and inspire further pursuits in human & ecological well-being. If cost is an issue, please see our scholarship application or contact us about how we can make this work for you.

To register, visit <u>www.rollingridge.net/events</u> or contact Josh at <u>josh.rollingridge@gmail.com</u> with questions.

\*About 30 min from Harpers Ferry, WV - Rolling Ridge Study Retreat sits nestled in 1400 acres of beautiful, protected woods in the Blue Ridge Mountains just east of the Shenandoah River. There are creeks, trails, meadows & wildlife to connect with and we hope to create a bit of space for exploration during the weekend.