Children of the Earth:

Rolling Ridge annual retreat for children ages 6-10 and their parent, grandparent, or other adult mentor Saturday, May 6th - Sunday, May 7th, 2017



In our grasshopper and salamander days, who among us didn't ask why the grasshopper could jump so far -- or why the salamander had black dots on its orange body. . .We lived by wonder, for by wondering we were able to multiply a growing consciousness of being alive.

~ Richard Lewis, <u>Living by Wonder</u>

This retreat is designed as an inter-generational experience of nature, including:

- ~ Campfire stories and songs
- ~ Nature arts and crafts
- ~ Discovery hikes and guided adventures
- ~ A Closing ceremonial time to celebrate our discoveries



Rolling Ridge Study Retreat has a six-bedroom retreat house on 1400 acres of wilderness in the foothills of the Blue Ridge between the Shenandoah River and the Appalachian Trail. Deer, turtles, birds, frogs, butterflies, and grasshoppers call these hiking trails, woodlands, streams, waterfalls, and open meadow Home.

Leaders: We share a passion for nurturing children's relationships with the land and all its' beings. Luke Bauer is a wild food forager, woods walker, certified permaculturist, and delighted dad of five-year-old Wren and two-year-old Gael. Linda DeGraf is an artist, storyteller, and educator with thirty years' experience teaching and developing curriculum in elementary and early childhood settings. Scot DeGraf brings a lifelong love of nature and extensive experience with outdoor education, hiking, camping, mountaineering, and birding. Cheryl Hellner, of Dayspring Earth Ministry, has been guiding children and adults into rich experiences of nature, ceremony, art, and story for twenty years.

The retreat begins with an opening gathering and outdoor activity Saturday morning at 9:30 and concludes with lunch on Sunday. Overnight lodging will be in the Rolling Ridge retreat house or in the campground.

Fees: \$145 for adult and child together in the retreat house \$130 for adult and child together in the campground (must have your own camping equipment)

To register and for more information, please contact Scot at 301-275-2009 ~ scotdegraf@gmail.com or Linda at 301-789-9097 ~ lindajdegraf@gmail.com