



Collage by Doug Van Houten

RISING ROOTED

Restorying the Heroine's Journey 2023

June 2-4 at Rolling Ridge

*If we surrendered
to earth's intelligence
we could rise up rooted, like trees.*
Rainer Maria Rilke

We have our own guiding stories, and they are deeply rooted in the heart of our own native landscapes. We draw them out of the wells and the waters; beachcombing, we lift them out of the sand. We dive for them to the bottom of deep lakes, we disinter them from the bogs, we follow their tracks through the shadowy glades of the enchanted forest. Those stories not only ground us: they show us what we might once have been, we women, and what we might become again if we choose.
Sharon Blackie

Through time in the wild mountain forest of Rolling Ridge as well as gathered times of ceremony, and soulful conversation, we will immerse ourselves in the realm of story and deep imagination, cultivating women's wisdom to recreate personal and cultural consciousness in this time of turmoil and transformation. This annual retreat includes openings for wandering in solitude, sharing dreams and stories, the rhythm of drums, and sacred circle dance. Come with us to rediscover your journey of belonging to the living Earth and all her inhabitants.

The retreat is at Rolling Ridge, 1400 acres of protected wilderness between the Appalachian Trail and the Shenandoah River. Lodging in the comfortable Retreat House and at the Still Point mountain cabin. The retreat begins at 4 pm on Friday and ends after lunch on Sunday. \$385 includes lodging, meals, and program. Register with a friend and share a room for \$285; or camp, \$200 (bring your own tent).

Led by **Lindsay McLaughlin** and **Julie Gabrielli** with **Lisa Bardack** (Sacred Circle Dance) and **Katy Gaughan** (Drum Circles).

We bring years of dedicated learning, practice, mentoring, and leadership in retreats, dance, and drumming and share a fascination with the power of story to heal, reconnect, and recreate our world.

For more information about this retreat and to register visit www.friendsofsilence.net.

You must be vaccinated against COVID and show proof of negative COVID test to participate in this retreat.